

ANNOUNCEMENT FOR THE AWARD OF A RESEARCH FELLOWSHIP

Title: (Research Fellowship; 1 vacancy)

Reference: ESE_BI_2025_01

A call for applications is now open for the attribution of 1 grant of research fellowship within the scope of the R&D project *A health promotion intervention for vulnerable school - children and families (BeE-school): a cluster-randomized trial*, with the reference *PTDC/SAU-ENF/2584/2021*, financed by Fundação para a Ciência e Tecnologia (FCT) I.P., exclusively by national funds through OE [financial support from the Fundação para a Ciência e Tecnologia (FCT) I.P. /MCTES through national funds (PIDDAC)], under the following conditions:

Scientific Area: Health Sciences and related fields, Education Sciences and related fields

Recipient category: PhD students

Identify the type(s) of scholarship to be awarded:

- a) **Degree courses:** *[Research grants (BI) are intended for R&D activities by students enrolled in a master's degree or a PhD].*
- b) **Non-conferring degrees courses:** *[They may also be intended for R&D activities by graduates or masters enrolled in non-academic degree courses].*

Requirement for granting the fellowship:

- The applicants may apply without prior registration in the course for which the fellowship is open. The requirement to enroll in a degree course or non-academic degree course will be verified on the date of contracting the fellowship;
- Only fellowships whose selected applicants present a valid proof of enrollment in a degree course or non-academic degree course will be contracted, according to the type of the fellowship, indicating, respectively, the academic year or its duration (star and term).

Profile:

The following are eligible to apply for this competition:

- Nationals or citizens of other member states of the European Union;
- Citizens of third countries;
- Stateless persons;
- Citizens with political refugee status

Candidate admissibility requirements:

a) Mandatory Requirements:

- Bachelor's degree in Nursing, Education, or other related fields;
- Previous experience in research projects.

b) Requirements upon Contractualization:

- Enrollment in a PhD program in the field of Nursing, Child Studies, Health Sciences, or related scientific areas – applicable to the scholarship typology for students enrolled in a PhD program;
- Proof of academic qualifications completed by the application deadline, including those resulting from academic degree recognition processes.

c) Preferred Factors:

- Knowledge acquired during academic training or education in:

- (i) database management;
- (ii) analysis of dietary data;
- (iii) experience in co-developing community intervention programs;
- (iv) experience in health promotion and disease prevention activities;
- (v) experience with the use of accelerometers;
- (vi) experience in analyzing data related to children.

Admissibility requirements:

- It is essential, under penalty of not being admitted to the competition, to attach the following documents to the application:
- The candidate's curriculum vitae;
- Certificates of the academic degrees obtained or, if applicable, the candidate's declaration of honor that he/she has completed the degrees required in the notice by the application deadline (not applicable to research initiation grants);
- For degrees obtained abroad, the record of recognition of the academic degrees and record of the conversion of the respective final classification to the Portuguese classification scale must be presented, or, alternatively, the candidate's declaration of honor (not applicable to research initiation grants);

Applicants eligibility: Applicants must comply with the eligibility conditions laid down in article 9 of the Research Grants Regulation of the Portuguese Foundation for Science and Technology (2019).

Workplan and objectives to be achieved:

The work plan includes the consolidation of the fellow's scientific training through the development of research activities leading to the attainment of the respective academic degree within R&D projects. Consequently, the fellow will carry out their work within the scope of an ongoing research project that includes the following activities:

- Analysis of the effectiveness of an intervention program aimed at promoting health literacy and resilience to infodemic challenges, healthy lifestyles, and the prevention of overweight and obesity.

- The work plan includes:

- i) data management;

- ii) data analysis related to 24-hour movement patterns using accelerometry;

- iii) evaluation of the BeE-school program; and,

- iv) advocacy, dissemination, and communication.

- The identified outcome indicators are:

- 1-Execution of the tasks outlined above with quality and under safe conditions;

- 2-Detection of less than 10% of failures in the execution of the indicated tasks.

Applicable legislation and regulations: Research Fellowship Holder Statutes, approved by Law n° 40/2004 of August 18, in its current version published by Decree-Law n° 123/2019 of August 28; Regulation of Scientific Research Fellowships of the University of Minho (RBIC), published in “Diário da República”, 2nd serie, n° 119, through dispatch n° 6524/2020 of 22-06-2020, ratified by ratification declaration n° 447/2021 of 22-06-2021 and Regulation of Research Studentships and Fellowships (RBI) of the Foundation for Science and Technology, I.P. - in force.

Host/Contracting institution and scientific supervision: The workplan will be carried out in the (*name of the host institution / UOE*) of University of Minho, located in the (*location of the host institution where the physical activities will be carried out*), under the scientific supervision of the Professor/Doctor (name and category).

Fellowship duration: The grant will take place for a period of 3 months, potentially renewable until the end of the project, with a provisional starting date on the March of 2025.

Amount of the research grant: The value stipend (Monthly Maintenance Allowance) is 1259,64€/per month, in accordance with the stipends values published by the Foundation for Science and Technology (FCT I.P.) in the

country (Annex I – Monthly Stipends Values for the maintenance allowances of the [FCT Regulation for Research Studentships and Fellowships](#)) and Annex II of the Regulation of Scientific Research Fellowships of the University of Minho (RBIC), published in “Diário da República”, 2nd serie, n° 119, through dispatch n° 6524/2020 of 22-06-2020, ratified by ratification declaration n° 447/2021 of 22-06-2021, according to the applicable regulation.

Payment is made on the 23rd of each month, through bank transfer to the Bank Identification Number of the fellow identified in the contractualization process.

Other benefits: Personal accident insurance.

Exclusivity regime: The grantee will perform the activities under exclusivity, as foreseen in article 5° of the Research Fellow Statutes and applicable regulations.

Selection panel: (identify the selection panel President and the effective and substitute members)

The first effective member will substitute the President of the selection panel in case of impediment, being nominate the first substitute member in the place of the first effective member.

The jury for the evaluation of applications and selection of the candidate is composed of:

Panel President

Professor Helena Rafaela Vieira do Rosário, PhD, Adjunct Professor at the School of Nursing, University of Minho

Effective Members

Professor Cláudia Cristina Vieira Carvalho Oliveira Ferreira Augusto, PhD, Adjunct Professor at the School of Nursing, University of Minho

Professor Maria de Fátima Silva Vieira Martins, PhD, Coordinating Professor at the School of Nursing, University of Minho

Substitute Members

Professor Ana Paula Morais de Carvalho Macedo, PhD, Coordinating Professor at the School of Nursing, University of Minho

Professor Odete Sofia Silva Lomba Araújo, PhD, Adjunct Professor at the School of Nursing, University of Minho

Criteria and procedures for applications assessment and selection: The selection methods to be used will be based on the candidate's merit (MC) and may be supplemented, if deemed necessary by the jury, by an interview (E) with the two highest-ranked candidates. In this case, the final score will be calculated using the following formula: $(0.6 \times MC) + (0.4 \times E)$ and expressed on a scale from 1 to 20 points (or another scale). If no interview is conducted, the final score will correspond to the merit score:

1. Candidate's Merit – MC (100%):

A1. Personal curriculum: Reflects the candidate's scientific and professional background, with a weighting of 60%.

A2. Academic Background: Reflects the alignment of the academic field with the work plan and the final classification of the academic degree, in accordance with the reference table, with a weighting of 30%.

A3. Motivation Letter: The content of the motivation letter will be evaluated with a weighting of 10%.

The final merit score will be calculated using the following formula:

$$MC=(A1\times0,60)+(A2\times0,30)+(A3\times0,10)$$

The jury reserves the right not to award the scholarship if none of the candidates meets all the requirements and aligns with the desired profile.

The academic degrees and diplomas documents, or their respective recognition when awarded by foreign higher education institutions are not mandatory in the application phase, being replaced by a declaration of honor of the candidate with the contents of academic results. The documents of academic qualification or respective recognition will be required in the contracting phase and must attest facts that occurred on a date prior to the application. In situations of divergence between the information contained in the declaration and the documentation submitted for contracting the grant, only the information contained in the latter will be considered. If the documents proving the ownership of the academic degree and diploma, or the respective recognition under the terms of Decree-Law No. 66/2018, of August 16, do not correspond to the classifications awarded in the evaluation of the academic path, which can change the candidate's ranking, the fellowship won't be contracted.

Notes: Applicants with degrees obtained abroad must present proof of recognition of qualifications in Portugal and conversion of the final classification obtained in them to the Portuguese classification scale or declaration under the terms indicated in the previous point. Candidates who do not comply with one of these provisions, the selection panel will assign “0” in the grade of the graduation and/or master course. Candidates will be evaluated on the remaining parameters.

Disclosure of results: The evaluation results project, based in the selection panel minutes, will be sent to the applicants by email, in accordance with article 12 of the FCT's RBI (FCT funding) | article 13 of UMinho's RBIC (other funding subject to UMinho regulations).

If case of unfavourable results, the candidates have a period of 10 working days to comment, if desired, in a prior hearing to interested parties, pursuant to articles 121 and 122 of the Code of Administrative Procedure (DL n° 4 / 2015 of January 7th).

Complaint and appeal procedures: The final results of the evaluation will be published through an ordered list (*alphabetically, by final grade obtained*), posted in a visible and public place of the host unit, as well as by email to all applicants, enclosing for that purpose, the minutes of the jury deliberations.

The selected candidate must inform its willingness to accept the grant, in writing. In case of rejection, the fellowship will be awarded to the next candidate in the ordered list of applicants.

The final decision can be contested within 15 working days, by sending to the President of the jury the corresponding claim. Interested parties may also submit an optional hierarchical appeal, addressed to the Pro-Rector with delegated competences in this area.

Application deadline and submission: The call for applications is open from 6th till 20th February 2025 or is open for a period of 10 working days from the date of publication on the Euraxess portal.

Applications must be formalized by sending an application letter with the following documents:

- a) Motivation Letter
- b) Certificate of qualifications indicating the final grade obtained or a declaration from the candidate
- c) Curriculum Vitae
- d) Declaration of honor attesting to meeting the conditions for the scholarship typology, in accordance with the application requirements (notably the requirements outlined in the "Recipient Profile" section)
- e) Any documents the candidates deem relevant for the assessment of their merit

Applications must be sent by email to sec.presidencia@ese.uminho.pt and rrosario@ese.uminho.pt, indicating the reference of the call for applications in Subject. Applications submitted by other means will not be accepted.

Fellowship contractualization: The fellowship will be attributed by signing a fellowship contract between the University of Minho and the fellow, accordingly with the contract minute (annex IV of the Regulation of Research Fellowships of the University of Minho (RBIC), published in *Diário da República*, 2nd Série, n.º 119, through dispatch n.º 6524/2020 of 22-06-2020, ratified by ratification declaration n.º 447/2021 of 22-06-2021, as indicated in 2.4 of the FCT document: "[Rules for Granting and Management of Grants within the scope of R&D projects, including infrastructure projects, the multi-annual financing program for R&D units and other FCT financing instruments \(Version 2021\)](#)".

The contract may only be concluded after all the documentation required is collected, which must take place within a maximum period of 6 months.

Once all the documentation has been received, the contracting entity has a period of 60 working days to conclude the scholarship contract. Once received, the fellow must return the contract duly signed within 15 working days.

The activities under the fellowship contract can only begin after proper authorization by the contracting entity.

Term and cancellation of fellowship contracts: Without prejudice to the other causes provided the fellowship regulations (FCT and UMinho) and in the Statute of the Research Fellow, the fellowship ends with the completion of the work plan, as well as with the expiration date for which it was granted or renewed.

At the end of the fellowship, the grantee is obliged to present a Final Report of the work carried out, in accordance with the objectives and evaluation criteria defined with the scientific advisor, within 30 days after the end of the scholarship.

The **final report** must be prepared in accordance with Annex I of the Scientific Research Fellowships Regulation of the University of Minho (RBIC), published in *Diário da República, 2nd Série, n° 119*, through dispatch n° 6524/2020 of 22-06-2020, ratified by ratification declaration n° 447/2021 of 22-06-2021.

Note: The information above required should be submitted in the Euraxess Portal, in the fields reserved for those purposes.

Declaration of Honor

Academic qualifications

I, (full name), candidate for the vacancy for the award of a (type of scholarship), within the scope of the project (name or reference of the project), published on the Euraxess portal, with the reference (ref. notice), declare on my honor that I have completed the academic degree of (academic degree), qualifying for the type of scholarship in the competition, namely the course (designation), by the (University conferring the degree), on the date XX/XX/XXXX, with a final average of XXXXX values on the YY scale.

As it is not possible for me to present proof of qualifications until the end of the competition, I declare that I undertake to present the aforementioned certificate at the conclusion of the scholarship contract, in the event that I am selected for the vacancy in the competition.

As this is true, I hereby date and sign this declaration.

(Place), (date).

(full name)

NOTE: The declaration may only attest to facts that occurred prior to the application.

In the event of a discrepancy between the information contained in the declaration and the documentation submitted for the purpose of contracting the scholarship, only the information contained in the latter will be taken into account.

Declaration of Honor

I, (full name), bearer of identification document number (XXXX), candidate for a research grant (type of grant), within the scope of the project (name or reference of the project), published on the Euraxess portal, with the reference (ref. call for proposals), declare on my honor that (I have not received any research grants to date / I have received the following research grants) under the Research Grant Holder Statute.

As this is true, I hereby date and sign this declaration.

(Place), (date).

(full name)